

Course Name : Personality Development							
Course Code	Course Type	Regular Semester	Lecture (hours/week)	Seminar (hours/week)	Lab. (hours/week)	Credits	ECTS
PSD 401	N/A	Fall	3.00	1.00	0.00	3.50	6.00
Lecturer		Hasan Ugur, PhD					
Assistant		Skënder Brucaj, PhD					
Course language		English					
Course level		Master					
Description		In this course students will learn in-depth information about personalities. They will gain a better understanding about those around them and also more about who they are and how they got to be that way. This course starts with a basic introduction of personality. It then goes on to look at theories of personality development, the stages of development theories, key researchers in personality psychology, and the main influences on personality development. You will also delve into looking at basic personality traits, including values, beliefs, and nature versus nurture. You will learn about your own personality and how you can use that information in career choices and to make changes. You will also learn about some personality disorders and how to put all the information together to use it to your personal or career advantage. With this course you can literally stop wondering about why you or someone you know behaves a particular way. By the time you complete this course you will know how someone's personality develops and how that information can be useful.					
Objectives		At the end of the course, the student should be able: - To demonstrate understanding of personality theories - To explain how individual difference and environmental contexts influence developmental changes. - To account for the role of culture in shaping attitudes, values, and behaviors. - To integrate personality theories and theoretical concepts to foster effective practice through the work with individuals, families and community. - To develop a reflective and critically interactive perspective about the theories and concepts of personality. - To identify, describe, and apply the major theories of personality, including Psychoanalytic, Neopsychoanalytic, Lifespan , Trait, Humanistic, Cognitive, Behavioral, and Social Learning approaches. - To examine the philosophical assumptions, historical and cultural factors that underlie the development of each personality theory. - To analyze, compare, and utilize the major personality theories to assess case studies of personality disorders. - To develop a deeper self-understanding of their own personality and personality development.					
Core Concepts							
Course Outline							
Week	Topic						
1							
2							
3							
4							
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12			
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14			
15			
16	Final Exam		
Prerequisites	The student must attend the course at a minimum rate of 75%.		
Literature	• Shaffer, D. R. (2005). Social and Personality Development. (5th Edition). Belmont, CA: WadsWorth		
References	• • Carver, C.S. & Sheier, M. F. (2012). Perspectives on personality (7th ed.). Boston, MA: Pearson. • • Cloninger, S.C. (2008). Theories of personality: Understanding persons (5th ed.). Upper Saddle River, NJ: Prentice Hall. • • Friedman, H.S., & Schustack, M.W. (2006). Personality: Classic theories and modern research (3rd ed.). Boston, MA: Allyn & Bacon.		
Course Evaluation			
In-term Studies	Quantity	Percentage	
Midterms	1	15	
Quizzes	0	0	
Projects	3	45	
Term Projects	0	0	
Laboratory	0	0	
Class Participation	1	5	
Total in-term evaluation percent		65	
Final exam percent		35	
Total		100	
ECTS Workload (Based on Student Workload)			
Activities	Quantity	Duration (hours)	Total (hours)
Course duration (Including the exam week: 16x Total hours of the course)	16	4	64
Study hours outside the classroom (Preparation, Practice, etc.)	14	3	42
Duties	3	7	21
Midterms	1	10	10
Final Exam	1	13	13
Other	0	0	0
Total Work Load			150
Total Work Load / 25 (hours)			6.00
ECTS			6.00